

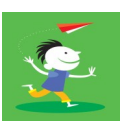




August 2014



TURKEY THICKET AQUATIC CENTER
1100 MICHIGAN AVE NE
WASHINGTON DC 20017
202-576-9235 or 202-576-9236
Mon-Fri 6:30am-10:00am & 1:00pm-5:00pm
Sat 12:00pm-5:00pm Sun CLOSED

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Senior Aerobics 8-9am Senior Aerobics 9-10am	2 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Parent & Child C: 11:00-11:30am
3	4 **Registration @6:30am** Senior Aerobics 8-9am Senior Aerobics 9-10am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	5 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adult L3: 6:45-7:15pm Shallow Water Aerobics 6:30-7:30pm	6 Senior Aerobics 8-9am Senior Aerobics 9-10am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	7 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adult L3: 6:45-7:15pm Shallow Water Aerobics 6:30-7:30pm	8 Senior Aerobics 8-9am Senior Aerobics 9-10am	9 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Parent & Child C: 11:00-11:30am
10 	11 LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	12 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adult L3: 6:45-7:15pm Shallow Water Aerobics 6:30-7:30pm	13 LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	14 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adult L3: 6:45-7:15pm Shallow Water Aerobics 6:30-7:30pm	15 Senior Aerobics 8-9am Senior Aerobics 9-10am	16
17	18 	19	20 	21	22 	23
24 	25 Senior Aerobics 8-9am Senior Aerobics 9-10am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	26 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adult L3: 6:45-7:15pm Shallow Water Aerobics 6:30-7:30pm	27 Senior Aerobics 8-9am Senior Aerobics 9-10am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	28 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adult L3: 6:45-7:15pm Shallow Water Aerobics 6:30-7:30pm	29 Senior Aerobics 8-9am Senior Aerobics 9-10am	30
31						